

Come and join in the fun!

If you're 14-26 with mild intellectual disability and low support needs, we have a whole program of great supported events coming up. They will help you build community engagement, increase your capacity and add to your social and recreational activities.

CHINATOWN NIGHT MARKETS

Friday 11th June @ 6:00pm - 9:30pm

Join us for dinner in Chinatown and wander through the night markets. Meet at Centennial Park Light Rail. BYO Opal and money for dinner and shopping

Cost: \$77 NDIS + food and drinks.

ARABELLA'S TURKISH RESTAURANT, NEWTOWN

Friday 18th June @ 6:00pm - 9:30pm

Dinner and dessert at yummy Arabella's in Newtown. Transport available

Cost: \$77 NDIS + \$35 transport + dinner. (no split bills)

FERRY FROM PALM BEACH TO PATONGA FOR LUNCH

Sunday 20th June @ 9:00am - 4:00pm

Meet at St Matt's Botany to drive to Palm Beach then take the ferry to Patonga for lunch. Cost: \$253 NDIS + \$35 transport + ferry and lunch.

HORSE RIDING AT DARKES FOREST THEN LUNCH

Saturday 26th June @ 9:30am - 4:00pm

Meet at St Matt's Botany to travel to Darkes Forest for a day riding or grooming horses followed by an early lunch. (limit of 6 riders)

Cost: \$197 NDIS + \$145 riding + \$35 transport (both NDIS claimable) + lunch.

MOONBOUND MOVIE AT RANDWICK RITZ THEN DINNER

Sunday 27th June in afternoon/early evening

Come and see Moonbound - a new animated movie at the Ritz then dinner. Time to be confirmed once movie time has been released (allow 4 hours)

Cost: \$145 NDIS + movie, meal, drinks (we'll invoice as no split bills).

HAIRSPRAY MOVIE AT LANEWAY CINEMA THE ROCKS

Wednesday 30th June 5:30pm - 9:30pm

Watch classic Hairspray under the stars with cosy beanbags and heaters. We'll get pizza, relax and watch the movie. Entry is free but we must book.

Cost: \$88 NDIS + pizza and snacks. BYO Opal.



A SLICE OF LIFE
It is all about your lifestyle

Book your place now!

bookings@asliceoflife.com.au

0433 795 429

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Note: All costs are based on participants with low support needs unless otherwise indicated. If your needs are higher, the cost may be higher as additional support worker/s may be needed.

June - July 2021





DINNER AT EL CAMINO, EQ

Friday 2nd July @ 6:30 pm - 9:30 pm

Celebrate Demi's birthday with a Mexican feast at El Camino, EQ.

Cost: \$66 NDIS + dinner, drinks. (no split bills)

PUTT PUTT AT PUTT PLANET THEN LUNCH IN CRONULLA

Sunday 4th July @ 10:00am to 3:00pm

Step back in time and play putt putt in a travel themed centre followed by lunch in

Cronulla. Cost: \$145 NDIS + \$35 transport + putt putt + lunch.

BOWLING + KAROKE AT EQ (OVER 18s ONLY)

Friday 9th July @ 6:30pm - 10:00pm

Enjoy a fun night of bowling, dinner and Karaoke at Strike EQ.

Cost: \$77 NDIS + bowling, karaoke + dinner. Transport optional.

ILLAWARRA FLY TREETOP WALK

Sunday 11th July @ 9:00am - 4:00pm

Immerse yourself in nature with this walk through the treetop canopy above a rainforest. (1.5 km walk on steel walkway 20-30m above ground)

Cost: \$253 NDIS + \$35 transport + entry + lunch

BASTILLE DAY FESTIVAL AT CUSTOMS HOUSE

Friday 16th July @ 6:30pm - 10:00pm

Celebrate Bastille Day and all things French in the foreground of Customs House

Cost: \$77 NDIS + dinner. BYO Opal.

SPACE JAM: A NEW LEGACY MOVIE + LUNCH

Saturday 17th July @ afternoon

Watch the new Space Jam movie at Randwick Ritz then lunch. Time to be confirmed once movie listing is out. (allow 4 hours)

Cost: \$113 NDIS + movie + lunch.

ROCKS MARKETS + LUNCH AT THE MERCANTILE

Sunday 18th July @ 10:00am - 4:00pm

Meet at Centennial Park Light Rail then wander around Rocks Markets before lunch and a live band at The Mercantile.

Cost: \$217 NDIS + shopping + lunch, drinks. BYO Opal.



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EASTS V KNIGHTS NRL @ SCG

Friday 23rd July @ 5:30pm - 9:30pm

Join us for a good old game of footy at the SCG.

Cost: \$88 NDIS + entry + dinner, drinks. Transport optional.



iFLY AT PENRITH

Sunday 25th July @ 1:30pm - 6:30pm

Come fly with iFly at their "all abilities" session. Includes comprehensive training and one on one instructor assistance as you fly.

Cost: \$181 NDIS + \$35 transport + \$50 iFly.



YULETIDE WEEKEND AT THE BLUE MOUNTAINS

Friday 30th July to Sunday 1st August

Join us for a weekend of fun and Yuletide celebrations in the beautiful Blue Mountains from Friday 30th July until Sunday 1st August.

Travelling in a small bus, staying at Echo Point Discovery Motel and exploring the area including bush walks, Jenolan Caves and Christmas in July dinner, this will be the perfect opportunity to escape the hustle and bustle and relax with friends.

Contact Christine for further details including pricing.



COMING IN SEPTEMBER:

Weekend in Canberra to explore Questacon, the War Memorial, ride around Lake Burleigh Griffin and more

Date to be confirmed



COMING IN NOVEMBER:

Long weekend in the Snowy Mountains, climbing Mount Koscuiskzo (for those who are game) or taking a ride in the chairlift and exploring Thredbo and Jindabyne in the spring.

Date to be confirmed



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July 2021 + weekends away